News From Our Principal

We congratulate the elected student leaders for 2014 who were commissioned at yesterday’s school assembly.

Dillon Councillors

From Left: Inighion Quinn, Tatiana Barrientos, Fletcher Clarke, Anais Woods, Lauren Nalder & Jordan Van Der Neut

Griffin Councillors

From Left: Zoe Lowry, Amina Ibragimova, Zoe Allen, Daniel Littler, Abbey Jones & Lachlin Jones

Lyons Councillors

From Left: Jasmine Spinelli, Angus Keane, Alesha Brown, Kiara Bellinger, Niamh Schofield & Ethan Stephenson

MacKillop Councillors

From Left: Sam Watson, Ashleigh Brookes, Brooke Jones, Zoe Sharman—Wilson & Grace Palmer

Aussie Sport Leaders


From Left Front: Maddison McCormack, Lucy Woolton, Matilda Shaw, Emma Taylor, Phoebe Grant
Mr Frank Pisano  
Principal

When is a school shoe not a school shoe?  
When it isn’t all black, it isn’t all leather and doesn’t have good support on the sole. Our College is similar to any other workplace in that shoes should suit the tasks that will be done. We use machinery and tools in the workshop, acids in the Science labs and knives in the cooking room. Leather shoes with good coverage on the top of the foot will help to avoid injuries should an accident occur with any of these.  

“Vans” (which I suspect we will look back on in years to come and ask ourselves why we ever wore them, much like the fashion of the 1970s and the hairstyles of the 1980s) do not provide adequate protection and therefore cannot be accepted as school shoes. If your son or daughter does not have correct school shoes, we would ask, for their sake and their safety, if that could be rectified soon.

“But it’s too hot to wear my blazer!”  
This is what I commonly hear in summer. The line is then replaced in winter with “But it smells.” Blazers are a visible symbol of our College outside of the College grounds and, whether it is wrong or right, our College is often judged by the appearance of our students when the school day is done. So wearing blazers to and from school is important as it sends a positive message to the community about our College. However, forcing students to wear blazers in the hottest part of the day in Tasmania (which is often 3pm) does not teach students anything. So in these early weeks I have not enforced the wearing of blazers from school, but students can expect an announcement about it in the coming weeks and I would ask parents to also support us with this.

Immunisations  
All of our Year 7s and 9s have received their immunisation forms. A reminder to parents that all forms need to be returned by February 19th, whether or not you wish your child to be immunised. If your son or daughter has lost their form there are more available from the Caritas Office.

Uniform  
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To pierce or not to pierce?  
I would say—not. Every year there are always a small number of students who decide to get a nose piercing only to have the College tell them to remove it or it gets infected anyway. Quite often I speak to these students later in the year, ask them what happened to the piercing only for them to tell me that they got rid of it because a) it was too much of a hassle; or b) their workplace wouldn’t allow it! If a student has their nose pierced, they shouldn’t be able to see it. Similarly, it is a trend amongst a small group in the community to have a ear piercing into which is placed an “expander,” a plastic plug which expands the hole so that after a period of time the earlobe has a large hole in it. The College asks students to make sure the expander is plugged and the hole cannot be seen. But be warned! Some students in the past have had to have surgery performed on their ear to close the hole as their employer, or desired employer, will not let them have an expander! I will leave it to parents to discourage their children from such misadventures…

Examples of wearing the correct uniform

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News From Our Principal Continued...  
Also, congratulations to:

- Lucy Wootton who has been selected to represent Tasmania in the U18 women’s hockey team.  
- Isabelle Sharman who has been selected to represent Tasmania in the U15 girl’s hockey team.  
- Angus Yeates who, for the fourth successive year, has been selected to represent Tasmania in Hockey. This year he competes for the U15 men’s team in Rockingham in April. Angus has also been selected to represent the North West region of the state in cricket.  
- Ben Williams who is travelling to Western Australia in March to compete in the National Surf Lifesaving titles.  
- Caitlin Radford who continues to excel in representative Equestrian events. As a member of the College, she has been able to have us named as the Champion School in the 2014 Show Horse Team. This is an accolade that belongs to Caitlin alone.  
- Max O’Leary, Isabelle Sharman, Nicola Murfet who all competed in the State U15 Surf Lifesaving Competition in Hobart during January.  
- Michael Ackroyd who represented at the Senior Boys Interstate Surf Lifesaving Championships in Sydney.

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Examples of wearing the correct uniform

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Mr Richard Chapman  
Deputy Principal—Pastoral Care
Part of Doing Our Best is wearing the uniform with pride. It is a symbol of our community and the uniform is often recognised in the wider community as being something special about our school. The uniform also allows us to Be Safe as intruders on the property can easily be recognised.

The winter uniform may be worn all year round. The summer uniform can be worn in Terms 1 and 4, which means only the winter uniform can be worn in Terms 2 and 3.

From next week the College will begin checking students’ uniform to ensure it complies with the College expectations. Parents may be contacted if there are issues with a student’s uniform.

The College uniform is as follows:

**BOYS: Years 7 - 10**

**Summer Uniform**
College blazer; Grey tailored shorts or trousers; Light blue open neck shirt; Maroon v-neck jumper; grey socks; black, polished shoes.

**Winter Uniform**
College blazer; Grey tailored trousers; Light blue dress shirt; College tie; Maroon v-neck jumper; grey sock; black, polished shoes.

**Girls: Years 11 - 12**

**Summer Uniform**
College blazer; Navy skirt; Navy v-neck jumper; white socks; black, polished shoes.

**Winter Uniform**
College blazer; Navy skirt; White dress shirt; Navy v-neck jumper; College tie; Navy stockings; black, polished shoes.

*Shoes must be plain, black, polished, school shoes - not suede, nor canvas, nor boots, nor shoes that are of a skate/sneaker etc. style.*

**Physical Education**
School polo top, Navy shorts, School rugby top, Navy track pants
*The PE uniform is not to be used as a substitute for academic uniforms.*

**Inter-school Sports Teams Uniform**
For all teams, the travelling or pre-match uniform is the school rugby top and navy track pants. Unless otherwise directed, students are to wear the P.E. uniform. For SATIS sports and basketball, students hire the uniform from the school. Correct attire must be worn for each sport.

**Other Uniform Expectations**
- Blazers are to be worn travelling to and from school and during school assemblies.
- The summer shirt may be worn out provided that it has a straight hem and sits “on the hip”. Winter shirts must have a top button and must be worn tucked in.
- Boys must wear tailored trousers or shorts (plain black/navy dress belts only).
- Extra items of clothing needed for warmth are not to be visible. Scarves must be a plain material.
- Skirts and dresses are to be a suitable length (a rule of thumb is no more than two hand-widths above the knee).
- Jewellery is not to be excessive. Earrings are to be plain, unobtrusive and limited to two pairs. No piercing is allowed in places other than the ear.
- Hair is to be neat and well-groomed and not draw undue attention. Long hair is to be tied back during practical lessons where it is hazardous not to do so. Boys are to be clean shaven.
- Excessive make-up (especially coloured eye shadow and/or heavy eye liner/mascara) must not be used. Coloured nail polish is not permitted.
- Tattoos are not to be visible.

**Out of Uniform**
Being out of uniform should be a rare occurrence and parents are asked to support us in this regard. If being out of uniform is unavoidable, an explanatory note must be provided. Wearing the PE uniform to or from school is regarded as being out of uniform.
**Traffic Management**

The College encourages students and visitors to the campus to observe safe practice in relation to Traffic Management (both car and pedestrian) especially during peak periods at the beginning and end of the school day.

There is a designated and signed student **pick up and drop off** area located off the James Street entry turn around.

Please note that the **bus layby** is for bus use only.

To assist with safety, pedestrians are to use pathways and the designated **pedestrian crossing**.

Thank you for your support.

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**NSATIS Basketball**

Yesterday, the NSATIS 1st Boys and Girls basketball teams headed to Launceston for the opening round of the NSATIS basketball season. Inspired by last year’s success, both teams were keen to start the season on a positive note and were looking forward to taking on St Patrick’s College.

The Boys played first, and despite a slow start the scoreboard was ticking over. Harry O’Neill entered the game and was the spark needed, nailing three, 3 pointers and really getting the ball rolling. Once in front, the boys held on and Connor Hind’s 3 pointer sealed the game, 52 - 44. The girls were next up and a solid team performance from the outset set up a significant margin at half time. The girls continued to play well, and despite a drop in intensity ran out victors 38 - 13.

Mr. Steve Ryan
Head of Health & Physical Education

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**Sport News**

This week the NSATIS Summer rosters commence and we have 5 teams entered: boys and girls firsts basketball, boys firsts and seconds tennis and girls seconds tennis. Round one against St. Patrick’s College saw both basketball teams and our tennis firsts teams score a win, while the boys seconds tennis are still looking to get on the board. A great start, well done to all players and coaches!

Next Wednesday is our first home game against Scotch Oakburn College. I encourage all members of our College community to come along and support our teams. Basketball starts at 3:30pm in the Nazareth Gym and Tennis is played at the Devonport Tennis Club, also at 3:30pm.

The HPE Department are looking for experienced basketball referees to assist at our home games. Referees will receive payment for their time. If you think you may be able to assist us, please contract Miss Sushames at the College on 64247622 or via email rsushames@sbsc.tas.edu.au

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**Uniform Shop**

**TUESDAYS & WEDNESDAYS**

10AM — 4PM

- Polo Tops $43.00
- Rugby Tops $78.00 - $83.00
- PE Shorts $25.00
- Track Pants $42.00
- White Socks 3pk $12.00

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**Date Claimer**

An opportunity for Year 7 parents to meet Year 7 teaching staff will be on Wednesday February, 26th from 5:15pm—6pm here at the College.
MERSEY LEVEN CATHOLIC PARISH
The Catholic Communities of Devonport, Latrobe, Penguin, Port Sorell, Sheffield & Ulverstone

SACRAMENTAL PROGRAM
Families with children in Grade 3 or above are invited to participate in our family-centred, parish-based and school-supported Sacramental Program to prepare to celebrate the sacraments of RECONCILIATION, CONFIRMATION AND EUCHARIST in April and June 2014.

Information Sessions to explain the preparation program will be held on:
Monday 24th February
7.00pm
at Our Lady of Lourdes Church, Stewart Street, Devonport
or
Tuesday 25th February
7.00pm
at Sacred Heart Church, Alexandra Road, Ulverstone

For further information, please contact the Parish Office (6424 2783) or mlcathparish-dsf@keypoint.com.au

DELORAIN JUNIOR FOOTBALL CLUB
TRAINING AND REGISTRATION
ON
THURSDAY, FEBRUARY 20,
4PM FOR UNDER 12’S AND BELOW
5PM FOR UNDER 13’S TO 16’S
DELORAIN FOOTBALL GROUND

FOR DETAILS CONTACT:
CRAIG LOVELL ON 0428382691
KATE GARDNER ON 63421531
DONNA SMITH ON 0419622252

ALL WELCOME

THE DANCE COMPANY

DANCE TASTER
aimed at ages (11+) & high school students who have NO dance experience
Devonport: Monday @ 3:45pm

GIRLS HIP HOP
aimed at ages 10+ years or previous dance experience
Devonport: Tuesday @ 4:15pm

BOYS HIP HOP
aimed at 10-15 years or PE
Devonport: Tuesday @5pm (EST)
Ulverstone: Monday @ 5:30pm

CONTEMPORARY WORKSHOP
contemporary dance workshop aimed at ages 12+ or previous dance experience
Devonport: Monday @ 5:15pm

SINGLE LADIES WORKSHOP
commercial jazz workshop aimed at ages 12+ or previous dance experience with DC
Devonport: Monday @ 4:30pm

ENROL NOW
CLASSES START FEBRUARY
EDWARD STREET,
DEVONPORT

PHONE: 0409 24 25 21
PLUS LOADS
MORE CLASSES ON OFFER!!
## Recess Menu

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coffe &amp; Hot Choc</td>
<td>$3.50</td>
<td>Toasted Sandwich</td>
<td>$3.00</td>
</tr>
<tr>
<td>Sausage Roll</td>
<td>$2.50</td>
<td>Muffin</td>
<td>$3.00</td>
</tr>
<tr>
<td>Egg &amp; Bacon Roll</td>
<td>$2.80</td>
<td>Salad Roll</td>
<td>$4.50</td>
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<tr>
<td>Pie</td>
<td>$3.50</td>
<td>Fruit Salad</td>
<td>$3.00</td>
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<tr>
<td>Pizza Rounda</td>
<td>$2.80</td>
<td>Pizza Single</td>
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<tr>
<td>Hash Browns <em>Friday Only</em></td>
<td>$1.50</td>
<td>Egg &amp; Bacon Toasted Sandwich</td>
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<tr>
<td>Dino Snacks</td>
<td>$1.50</td>
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## Lunch Menu

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coffe &amp; Hot Choc</td>
<td>$3.50</td>
<td>Chicken &amp; Cheese Roll</td>
<td>$2.50</td>
</tr>
<tr>
<td>Sausage Roll</td>
<td>$2.50</td>
<td>Chicken Burger</td>
<td>$5.00</td>
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<tr>
<td>Egg &amp; Bacon Roll</td>
<td>$2.80</td>
<td>Chicken Focaccia</td>
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<tr>
<td>Pie</td>
<td>$3.50</td>
<td>Chicken Chilli Wrap</td>
<td>$5.00</td>
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<tr>
<td>Pizza Rounda</td>
<td>$2.80</td>
<td>Chicken Wrap</td>
<td>$5.00</td>
</tr>
<tr>
<td>Toasted Sandwich</td>
<td>$3.00</td>
<td>Pizza Single</td>
<td>$3.00</td>
</tr>
<tr>
<td>Muffin</td>
<td>$3.00</td>
<td>Fruit Salad</td>
<td>$3.00</td>
</tr>
<tr>
<td>Salad Roll</td>
<td>$4.50</td>
<td>Salad Wrap W/ Chicken or Ham</td>
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<tr>
<td>Veggie Burger</td>
<td>$4.50</td>
<td>Hot Dog W/ Cheese</td>
<td>$2.50</td>
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<tr>
<td>Sweet Chilli Wrap W/Sour Cream</td>
<td>$4.50</td>
<td>Fish Wrap Pre Orders Only</td>
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<tr>
<td>Cheese Burger</td>
<td>$5.00</td>
<td>Chick &amp; Gravy Roll W/ Cheese</td>
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<tr>
<td>Wedges W/ Cheese or Sour Cream</td>
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<td>Wedges and Fish Tuesdays Only</td>
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## Slices & Confectionery

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Slices</td>
<td>$2.50</td>
<td>Small Caramello Koala</td>
<td>$0.50</td>
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<tr>
<td>Custard/Caramel Tarts</td>
<td>$2.50</td>
<td>Anacondas</td>
<td>$1.00</td>
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<tr>
<td>Cheese Cakes</td>
<td>$3.50</td>
<td>Marvelous Creations</td>
<td>$2.00</td>
</tr>
<tr>
<td>Chocolate Truffles</td>
<td>$1.00</td>
<td>M&amp;M’s</td>
<td>$2.00</td>
</tr>
<tr>
<td>Chocolate Balls</td>
<td>$2.00</td>
<td>Skittles</td>
<td>$2.00</td>
</tr>
<tr>
<td>Frozen Yoghurt</td>
<td>$2.00</td>
<td>Chocolate Freddo</td>
<td>$1.00</td>
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<tr>
<td>Butter Menthol</td>
<td>$2.00</td>
<td>100 &amp; 1000s Freddo</td>
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<tr>
<td>Soothers</td>
<td>$2.00</td>
<td>Popping Candy Freddo</td>
<td>$1.00</td>
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*Available lunch only*

<table>
<thead>
<tr>
<th>Item</th>
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<tbody>
<tr>
<td>Milo Icecream</td>
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<tr>
<td>Lemonade Icy Pole</td>
<td>$2.00</td>
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<tr>
<td>Lifesavers</td>
<td>$1.30</td>
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## Drinks

<table>
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<tr>
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<tbody>
<tr>
<td>Coffe &amp; Hot Choc</td>
<td>$3.50</td>
</tr>
<tr>
<td>Dare/Double Dare</td>
<td>$4.00</td>
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<tr>
<td>Famers Union</td>
<td>$4.00</td>
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<tr>
<td>Big M</td>
<td>$2.00</td>
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<tr>
<td>Pop Tops</td>
<td>$2.00</td>
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<tr>
<td>Lol</td>
<td>$2.00</td>
</tr>
<tr>
<td>Classic Milks</td>
<td>$4.00</td>
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<tr>
<td>Nipples</td>
<td>$2.50</td>
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<tr>
<td>Quench</td>
<td>$2.00</td>
</tr>
<tr>
<td>Hartz 750ml</td>
<td>$3.50</td>
</tr>
<tr>
<td>Hartz 600ml</td>
<td>$2.00</td>
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<tr>
<td>Daily Juice</td>
<td>$3.50</td>
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</tbody>
</table>
Devonport Basketball Primary and High School rosters in 2014 will be school based teams. 

**High School** - Grade 7 & 8 and Grade 9, 10 & 11.

Games will be played on Wednesday nights for High School and Friday nights for Primary School both commencing at 3.45 pm.

High School roster commences on Wednesday 19th February and Primary School on Friday 21st February.


If you require assistance with the online registration or have any queries regarding rosters please contact the DBC Office on 6424 2440 between 10 – 2 daily.

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**2014 TASMANIA PARENT/CARER WORKSHOPS**

<table>
<thead>
<tr>
<th>Workshop Code</th>
<th>Location</th>
<th>Date</th>
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<tbody>
<tr>
<td>2014TASPC1</td>
<td>Hobart</td>
<td>19 &amp; 20 March</td>
</tr>
<tr>
<td>2014TASPC2</td>
<td>Delorane</td>
<td>13 &amp; 14 May</td>
</tr>
<tr>
<td>2014TASPC4</td>
<td>New Norfolk</td>
<td>15 August</td>
</tr>
</tbody>
</table>

Please note registration for these free workshops open 6 weeks before the date of the workshop. If you are unable to attend a workshop, there are also great free resources on the website as well as our online learning platform.

**Workshop dates can change, so please check the website for updates.**


*The Positive Partnerships Initiative is funded by the Australian Government Department of Education through the Helping Children with Autism Package. The views expressed in this publication do not necessarily represent the views of the Australian Government or the Australian Government Department of Education.*

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**Free Public Forum**

**Constitutional Recognition of Aboriginal and Torres Strait Islander Peoples**

All are welcome to this public forum about recognising Aboriginal and Torres Strait Islander peoples in the Australian constitution, and removing racial discrimination from our founding document, like the clause that says we can ban an entire race of people from voting. A movement of Australians is growing in support of this recognition ([www.recognise.org.au](http://www.recognise.org.au)) and a referendum could happen within the next couple of years.

Featuring George Williams AO one of Australia’s leading constitutional lawyers and public commentators.

George is a professor of law at the University of New South Wales, and has written and edited 31 books, including *Australian Constitutional Law and Theory and People Power: The History and Future of the Referendum in Australia*. As a barrister, he has appeared in the High Court in some of the most important constitutional law cases of the last two decades. He has also served on a number of public inquiries, and is a columnist for the *Sydney Morning Herald*.

George will speak about where the move for constitutional recognition of our First Peoples comes from, the details of what is proposed and the historic opportunity that we have to achieve a healing and unifying moment for our nation.

George’s speech will be followed by a panel discussion including Aboriginal community members and social commentators.

**Please come along and join the conversation.**

**Launceston**

**Date:** Monday 17 February, 5.45 - 7.30pm

**RSVP:** [http://action.recognise.org.au/Launceston](http://action.recognise.org.au/Launceston)

**Devonport**

**Date:** Tuesday 18 February, 5.45 - 7.30pm


**Hobart**

**Date:** Wednesday 19 February, 5.45 - 7.30pm


Supported by [recognise.org.au](http://recognise.org.au)
The power of a sincere compliment

It’s amazing the impact a sincere compliment can have on the confidence and self-esteem of a child or young person.

I overheard a friend tell her eight-year-old daughter last week:

“You did such a good job helping your brother yesterday. You are such lovely big sister!”

My friend’s face lit up with a smile as she said it. She gently put her hand on her daughter’s shoulder at the same time.

The little girl beamed, then she went off to play.

It was a simple parenting moment among many that my friend would have initiated that day.

I couldn’t help thinking that it doesn’t take much to grow kids’ self-esteem and create good feelings at home.

A sincerely given compliment has an enormous impact on the person who receives it. We all grow a little taller, at least inside, when we are given a compliment.

We also feel closer to the person who complimented us.

Compliments satisfy the deep craving we all have to be appreciated.

There is one problem. While compliments are easy to give, they are also easy not to give.

We forget.

We underestimate their impact.

We haven’t developed the habit of giving compliments.

Amplify the impact

There were two things my friend did that amplified the impact of her compliment.

1. She smiled as she gave the compliment.
2. She touched her daughter as well.

Touch will always amplify a compliment. It makes it personal.

Her mother’s smile told her daughter what her mum really felt. In fact, the touch and smile said it all. The words reinforced the smile and touch.

The compliment was given and received through three senses – visually, kinaesthetically and auditorily.

That’s how kids receive all our messages – they see, they feel, they hear – though we often focus on the words and forget the visual and kinaesthetic.

Next time your child does something worthwhile take the time to give a compliment.

Smile (tell your face you are happy) and add a little touch to really let them know how you feel. Watch your child’s reaction. It’ll have a significant impact.

It doesn’t take much.